

## Internet Resources for Retirement Information

The following sites represent a sample of the resources available on the Internet for retirement issues.

**Administration on Aging** (<http://www.aoa.gov/>) Retirement and Financial Planning Online Resources.

**American Association of Retired Persons (AARP)** (<http://www.aarp.org>)

**American Savings Education Council** (<http://www.asec.org>) This site includes information about the programs of ASEC to promote savings in addition to:

**Ballpark Estimate** (<http://www.asec.org/ballpark/>) a worksheet designed to help individuals quickly identify approximately how much savings they will need to live comfortably in retirement.

**Top 10 Ways to Prepare for Retirement** (<http://www.asec.org/tools/topten.htm>) (a more graphical version of the PBWA document above)

**Employee Benefit Research Institute** (<http://www.ebri.org/>) research and other information about employee benefits such as retirement.

**Ernst & Young Personal Financial Counseling Website** (<http://www.ey.com/pfc/>) Offers a wide range of features such as Retirement Contribution Analysis calculator that you download to compare different types of IRAs. There are numerous articles and a downloadable newsletter on financial planning topics, as well as tax preparation tips for the upcoming filing season and links to state tax sites where you can download different forms.

**Fairfax County Retirement Systems** (<http://www.fairfaxcounty.gov/retbrd>) The Retirement Agency's internet site provides information about Fairfax County's three retirement systems, recent news, financial reports and archived copies of the Retiree Report, the quarterly newsletter mailed to all County retirees.

**ICMA Retirement Corporation** (<http://www.icmarc.org/xp/vl/>) provides account access to Fairfax County deferred compensation plan members. Employees can manage their accounts online by changing allocations, transferring funds and more. Online tools include a retirement planning calculator, an asset allocation model and a hypothetical investment growth calculator.

**Internal Revenue Service** (<http://www.irs.ustreas.gov/>) Web site with information and tax forms for retirees. There are a number of publications pertaining to retirement and pension income, Individual Retirement Accounts, Older Americans Act, Taxable and Non-Taxable income and more. Use the Search facility to quickly find specific information.

**Managing Your Money: Planning for Retirement**

(<http://www.washingtonpost.com/wpsrv/business/longterm/mym/columns/retire/retire.htm>)

Feature from the Washington Post contains articles on key retirement planning topics such as long term planning, IRAs, 401ks and more.

**Medicare** (<http://www.medicare.gov>) Helps individuals understand Medicare benefits and how to apply for coverage.

**National Council on the Aging** (<http://www.ncoa.org>) Information and Resources for Older Adults include several electronic brochures on financial planning issues for seniors from the financial services section of the National Council on the Aging along with links to additional sites.

**Planning For Retirement** (<http://www.metlife.com>) An electronic Retirement IQ quiz under the heading of “Tools” – after taking the quiz, there are answers and information available by reviewing your results. Other features and information available on their home page. Information available includes investing, choosing a financial advisor, mutual funds, making a will and more.

**Retirement Calculator** (<http://personal.fidelity.com>) The Retirement Planning Calculator (<http://personal.fidelity.com/retirement/retcalcframe.html>) assists users to develop long-range savings strategies by helping to address four basic issues: When do you plan to retire? How much money do you estimate you'll need to support your lifestyle after you've left the workforce? From which sources will you receive income during retirement? How much should you start saving now to help you meet your retirement goals? The 15 short questions that follow will help you estimate your retirement savings goal and how much more you may need to save to help get you there.

**Retirement Income Navigator** (<http://www.isgplanning.com/Index.htm>) This site offers a free, downloadable presentation that highlights five important issues related to managing money for income that are not commonly discussed. It then presents an innovative solution for managing money for steady, dependable, and long-term income.

**Social Security Online** (<http://www.ssa.gov>) is the official Web site of the Social Security Administration. The site has information about social security, access to forms, benefits information and more. Taxpayers can request a Personal Earnings and Benefits Statement online at this site.

**T. Rowe Price** (<http://www.troweprice.com/>) Site provides information about their funds and a special Decisions section for retirement planning. Retirees that have deferred comp in T. Rowe Price funds can access their County account online and transfer or change fund allocations. There is a retirement planning worksheet, Investing 101, managing your account, a glossary and more.

**VALIC (AIG VALIC)** <http://www.aigvalic.com/prilabel2003/fairfax.nsf/contents/home> directs you to an internet page VALIC has created especially for employees of Fairfax County. There is a section on Education and Planning that includes information on Retirement Planning that provides a variety of information on specific topics.